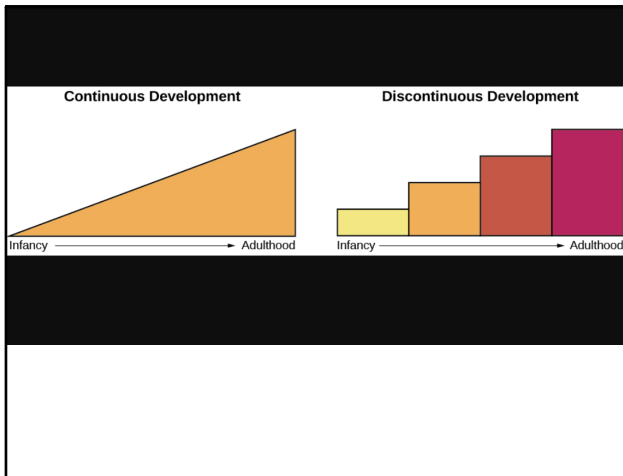


Continuity vs. Discontinuity

Continuity vs. Discontinuity

- How people change through the course of their lives
- Changes can cover a wide variety of someone's social or behavioural makeup, including emotions, traditions, beliefs, habits, personality, etc.
- Continuity = people change gradually over the course of their lives
- Discontinuity = people change abruptly at key points in their lives



Baby (Birth - 4 Years Old)

Continuous (gradual)	Discontinuous (abrupt)
<ul style="list-style-type: none"> - Learning language • Pouting • understanding religion 	<ul style="list-style-type: none"> - Connection with mother • Celebrations - Sucking on thumb & grabbing.

Elementary Years (4-12 Years Old)

Continuous (gradual)	Discontinuous (abrupt)
<ul style="list-style-type: none"> - Traditions - Religion - Personality - Maturity - Interests - Education 	<ul style="list-style-type: none"> - Emotions - Habits - Puberty

High School (12-17 Years Old)

Continuous (gradual)	Discontinuous (abrupt)
<ul style="list-style-type: none"> • traditions • Religion • Personality 	<ul style="list-style-type: none"> • personal behaviours • education/learning process - Right/wrong decisions • Better view on Reality • Workplace/Education • Being Respectful/working • Personal Responsibilities • PC riot - for females • Puberty!

Adult (18+ Years Old)	Discontinuous
Continuous (gradual)	(abrupt)
Don't Learn as fast Reaction time slower Better at handling Emotional stress Religion Beliefs Personality	"they get bitter" get a coffee every morning