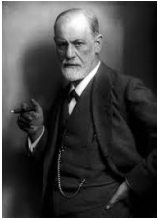


Sigmund Freud



The "father" of
Psychoanalysis

Freud's Beliefs...

- People are always in conflict between their basic drives and the restrictions that society places on them and that these drives are dramatically opposite
- Early childhood experiences (especially those with sexual connections) strongly influence adult personality and these are the basis for many adult emotional problems

The Psychoanalytic School of Thought

- A perspective or viewpoint in which one goes back to childhood traumas via hypnosis or dream analysis and finds the "trigger" or root of the problem.
- The problem is usually an unresolved conflict between their basic drives (ID) and the mortality of their desires (SUPEREGO)

Freud's Personality Development Theories

Sigmund Freud (1856-1939)

- Important work in the first half of the 20th century
- Was a medical doctor in Vienna, Austria
- Became interested in abnormal behaviours and what caused them (how we think, feel act)
- Believed the human mind was a complex instrument that was made up of the conscious, preconscious, and unconscious

Three components make up Freud's structural model of the psyche:

- Id
- Ego
- Superego

He also believed that the mind has two parts:

- Conscious
- Unconscious

Think of a dog.

Can you picture one?

Is this conscious or unconscious?

If the dog is in your mind because you are thinking about it, then what is happening in your unconscious mind?

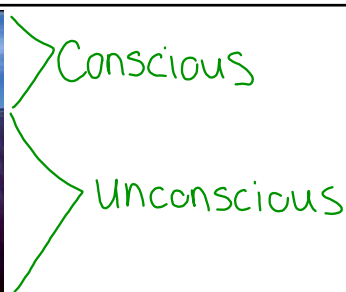
What do you think dreams are?

How do they play a role in unconscious thought?

Have you ever had a dream about something totally random and obscure and were not sure where it came from?

Freud believed that a lot is always happening in our unconscious mind, but we are not aware of it.

Dreams are seen as clues to what is going on in our unconscious.



The Id

- Unconscious self
- Biologically driven
- Irrational and pleasure seeking
- Avoids pain
- Does not change due to not having contact with the outside world
- Natural desires

The Id

Examples?

To eat. Sleep.
Happiness.