

The Id

- Unconscious self
- Biologically driven
- Irrational and pleasure seeking
- Avoids pain
- Does not change due to not having contact with the outside world
- Natural desires

The Ego

- Conscious, rational self
- Deals with the id and the demands of society/reality
- Changes and develops with different experiences
- Seeks to please the id's drive in realistic ways that will benefit the long term
- babies are born with an id, but an ego takes years to develop
- Ego makes out id behave properly

Superego

- Part of the unconscious mind
- Deals with right and wrong
- Influenced by values of culture and the people we live with
- Can be thought of as a type of conscience that punished societal misbehaviour with feelings of guilty
- Critical during early childhood development
- Works with the ego